

## Building capacity for excellence in service provision for people with disabilities

### Study Visit to Don Gnocchi Foundation 17-18 November 2016, Milan, Italy

This meeting combines a study visit and the launch of the cooperation among EPR members in the field of medical rehabilitation. It will take place at EPR member Fondazione Don Carlo Gnocchi, a leading organisation in the field of medical rehabilitation and research. At the Foundation's headquarters in Milan, Italy, participants will have the opportunity to tour the facilities and laboratories, discussing methods and priorities with key staff. This study visit would be particularly interesting for professionals active in the field of neurological rehabilitation. Members will then discuss and compare the care and medical rehabilitation models in the different health systems and plan future cooperation and activities.

Medical rehabilitation has historically been low in the hierarchy of medical fields, but is gaining in importance, and is relevant for increasing number of patients as society ages. New, more complex needs are also emerging, particularly as people with disabilities grow older. Medical rehabilitation is one of EPR's four domains of service provision and this meeting aims to develop a work programme for the coming years, based on the interests and expertise of the EPR members active in this field.

Medical professionals typically have opportunities to meet other experts from across Europe in their field of speciality but the added value of this gathering is the possibility to look more broadly at the medical rehabilitation process and systems, and how specialisms fit within that.

## Agenda

### Thursday, 17<sup>th</sup> November

9.00 - 9.30      *Arrival and registration*

#### **9.30 – 10:45      Welcome and general presentation of Fondazione Don Gnocchi (FDG)**

*Moderator: Renzo Andrich, Centre for Innovation and Technology transfer*

#### Speed presentations

- Welcome address by Angelo Bazzari, FDG president
- Roberto Costantini, director of FDG "North I Cluster"  
*Overview of FDG structure and activities; presentation of the two FDG Centres being visited ("IRCCS SM Nascente" and "Palazzolo")*
- Marco Campari, FDG Chief Executive Officer  
*The FDG management and sustainability model*
- Paolo Mocarelli, FDG Scientific Director  
*Scientific research in FDG and relation with care and rehabilitation activities*
- Furio Gramatica, Health Technology Assessment Unit  
*FDG strategy on health technology*
- Roberto Rambaldi  
*Programmes in other Countries*

Questions/discussion

10.45 – 11:00 Coffee break

**11.00 – 13:30 Concise presentation of excellences in FDG clinical activities**

*Moderator: Angelo Montesano, psychiatrist, Head of Rehabilitation Services for Adults*

11.00 Speed presentations - Part I

- Marco Rovaris, Head of the Multiple Sclerosis Unit  
*Treatment of multiple sclerosis*
- Paolo Banfi, Head of Neuromuscular diseases Unit  
*Management of people with severe neuromuscular diseases*
- Francesca Baglio, neurologist  
*Neuro cognitive and imaging-assisted treatments*
- Anna Castagna, neurologist  
*Treatment of spasticity, and use of gait analysis in rehabilitation practice*
- Guya Devalle, geriatrician  
*Management of people in vegetative or minimally conscious state*
- Silvia Galeri, psychiatrist, FDG Centre "Spalenza", Rovato (Brescia)  
*Rehabilitation model for persons with severe acquired brain injuries*

Questions/discussion

12.30 - 12.40 Break

12.40 Speed presentations - Part 2

- Irene Aprile, neurologist, FDG Centre S.Maria alla Pace (Roma)  
*Experiences with rehabilitation robotics*
- Renzo Andrich, engineer, CITT Assistive Technology Research Unit  
*The FDG network of assistive technology services and the DAT smart home*
- Rosa Maria Converti, Head of DAT Service  
*Rehabilitation programs for independent living*
- Marina Rodocanachi, Head of Childhood Neuropsychiatric Unit  
*Childhood Neuropsychiatrics, and Care Lab for virtual-reality-assisted treatment*

Questions/discussion

13.30 – 14:30 Lunch

**14.30 – 16:30 Visit to the "IRCCS SM Nascente" Rehabilitation facilities**

- Neuromuscular Diseases Unit (Paolo Banfi)
- Gait Analysis Lab (Anna Castagna)
- Rehabilitation Robotics (Irene Aprile)
- Occupational Therapy (Rosa Maria Converti)
- Smart Home and SIVA Lab (Renzo Andrich)
- Care lab - Virtual Reality in Children Rehabilitation (Marina Rodocanachi)
- Rehabilitation Engineering Labs (Maurizio Ferrarin).

16.30 – 17:00 Coffee break and transfer to Palazzolo Institute

**17.00 – 18:00 Visit to the "Palazzolo Institute" Long Term Care facilities**

- Rehabilitation and care paths for geriatric patients, from care centres to the community (Fabrizio Giunco, coordinator of Palazzolo care services)
- Alzheimer special care unit (specialized care for dementia patients with behavioural and psychological symptoms) (Niccolo Viti, Anna Fontanella)
- Hospice and palliative care services (End-of-Life care for patients with advanced oncologic and non-oncologic chronic diseases) (Marco Ceresa)
- Specialized unit for residential long-term care in Acquired Brain Injuries (chronic disorders of consciousness) (Guya Devalle)

20.00 Social dinner (place to be confirmed)

### **Friday 18th November**

#### **9.30 – 12.30 Workshop: Comparison between care and rehabilitation models of the EPR members and planning of future work**

*Every organisation presents the models implemented in their centres, answering a number of study questions such as "what is your rehabilitation model from intake to discharge?", "in your Country, how is rehabilitation positioned within the medical and care system", "how rehabilitation activities are financed", "what is your model to ensure continuity of care from the acute stage to the community", "what are your main challenges in medical rehabilitation?", "where do you have examples of excellence in the field?", "what are the main trends you see or anticipate in medical rehabilitation?"*

#### **12.30 – 13.30 Public Seminar**

*Open to the Don Gnocchi Foundation's professionals and external audience where visiting partners present their history, structure and key examples of care/rehabilitation activities.*

13.30 Conclusion / End of the study visit

### **Registration & practical information**

**Registration deadline:** 15<sup>th</sup> October. To register participants are asked to email Laura Jones with the name, responsibility and when known, arrival and departure time of each participant.

**The City of Milan:** Milan is the second largest municipality in Italy after Rome, and capital of the region of Lombardy. It is a leading global city, with strengths in the arts, commerce, design, education, entertainment, fashion, finance, healthcare, media, services, research, tourism. Its business district hosts Italy's Stock Exchange and the headquarters of the largest national and international banks and companies. The city is a major world fashion and design capital, well known for several international events and fairs, including Milan Fashion Week and the Milan Furniture Fair. The city hosts numerous cultural institutions, academies and universities, with 11% of the national total enrolled students. Milan's museums, theatres and landmarks (including the Milan Cathedral, Sforza Castle and Leonardo da Vinci paintings such as The Last Supper, a UNESCO World Heritage Site) attract over 8 million visitors annually. The city hosted the Universal Exposition in 1906 and 2015. For those who are keen on football, it is worth mentioning that Milan is home to two of Italy's major football teams (Milan and Inter), and the FDG premises are located very close to the famous San Siro Stadium.

#### **Venue address**

IRCCS Santa Maria Nascente  
Fondazione Don Carlo Gnocchi  
Via Capecelatro 66, 20148 Milan, Italy

#### **Nearest Metro Station**

San Siro Ippodromo (M5): 10 minutes' walk



## How to reach the venue

### From the airports, by taxi

- From LIN (Linate): about 30' – 30€
- From MXP (Malpensa): about 45' – 90 €
- From BGY (Bergamo): about 45' – 120 €

### From the airports, by public transport

- From MXP (Malpensa): Malpensa Express Train (about 40') to Milano "Cadorna"; then Metro M1 (direction Rho-Fiera) to "Lotto; then Metro M5 (direction San Siro Stadio) to "San Siro Ippodromo".
- From LIN (Linate): Bus X73 (fast) or 73 (slow) to "San Babila"; then Metro M1 (direction Rho-Fiera) to "Lotto; then Metro M5 (direction San Siro Stadio) to "San Siro Ippodromo" (with the same bus ticket).
- From BGY (Bergamo): Bus to Milano Central Station (about 60'); then Metro M2 to "Garibaldi", then Metro M5 to "San Siro Ippodromo"

### From the Main Railway Station (Milano Centrale)

- Metro M2 to "Garibaldi", then Metro M5 to "San Siro Ippodromo"

### By car

- A4 Motorway exit "Milano Certosa", then follow "Stadio San Siro"

## Accommodation:

Some suggested hotels nearby (Please book your room directly with the hotel):

### MONTEBIANCO MOKINBA HOTEL

Via Monterosa, 90, 20149 Milano

Tel 02/48012130, Fax 02/48000658

[info@hotelmontebianco.com](mailto:info@hotelmontebianco.com)

<http://www.hotelmontebiancomilan.com>

### HOTEL RUBENS

Via Rubens, 21, 20148 Milano

Tel 02/40302, Fax 02/48193114

[rubens@antareshotels.com](mailto:rubens@antareshotels.com)

<http://www.hotelrubensmilano.com>

### BEST WESTERN HOTEL ASTORIA

Viale Murillo, 9, 20149 Milano

Tel. +39 02 40090095, Fax +39 02 40074642

[info@astoriahotelmilano.com](mailto:info@astoriahotelmilano.com)

[www.astoriahotelmilano.com](http://www.astoriahotelmilano.com)

### HOTEL ORO BLU

P.le L. Lotto, 14, 20148 Milano

Tel 02/324035 , Fax 02/39256686

[hoteloroblu@libero.it](mailto:hoteloroblu@libero.it)

<http://www.hoteloroblu.it/>

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