



Le Centre de Réadaptation de Mulhouse

General presentation

November 2016

Le Centre

- Non profit organization created in 1946 by “the Association pour la Réadaptation et la Formation Professionnelle (ARFP) »
- Le CRM has 3 main missions:
 - Functional Rehabilitation : **127 beds et places**
 - Professional assessment: **40 places**
 - Vocational Training : **376 places**

Resources for our users

- **444 professionals (190 professionals for the care sector)**
- **Our teams**
 - Pedagogical teams
 - Medical and nursing teams
 - Psycho-social teams
 - Professional placement teams
 - Resources Centre
 - Administrative teams
 - Social and Cultural activities coordinator
- **Our means**
 - 3 500 m² workshops, activities and pedagogical rooms
 - 500 computers
 - Swimming pool, gymnasium, specialised rooms
 - Restaurant and accommodation

To support people with disability to build up professional and/or social project in functional rehabilitation, assessment and vocational training.

The site



28 000 square meters

Activities

Functional Rehabilitation

- SSR Neurologic : spinal cord injuries and brain injuries
- SSR Cardiologic
- SSR Trauma / Orthopaedic
- COMETE Early intervention for work return
- SSIAD-PH : Home Care nursing for people with disabilities

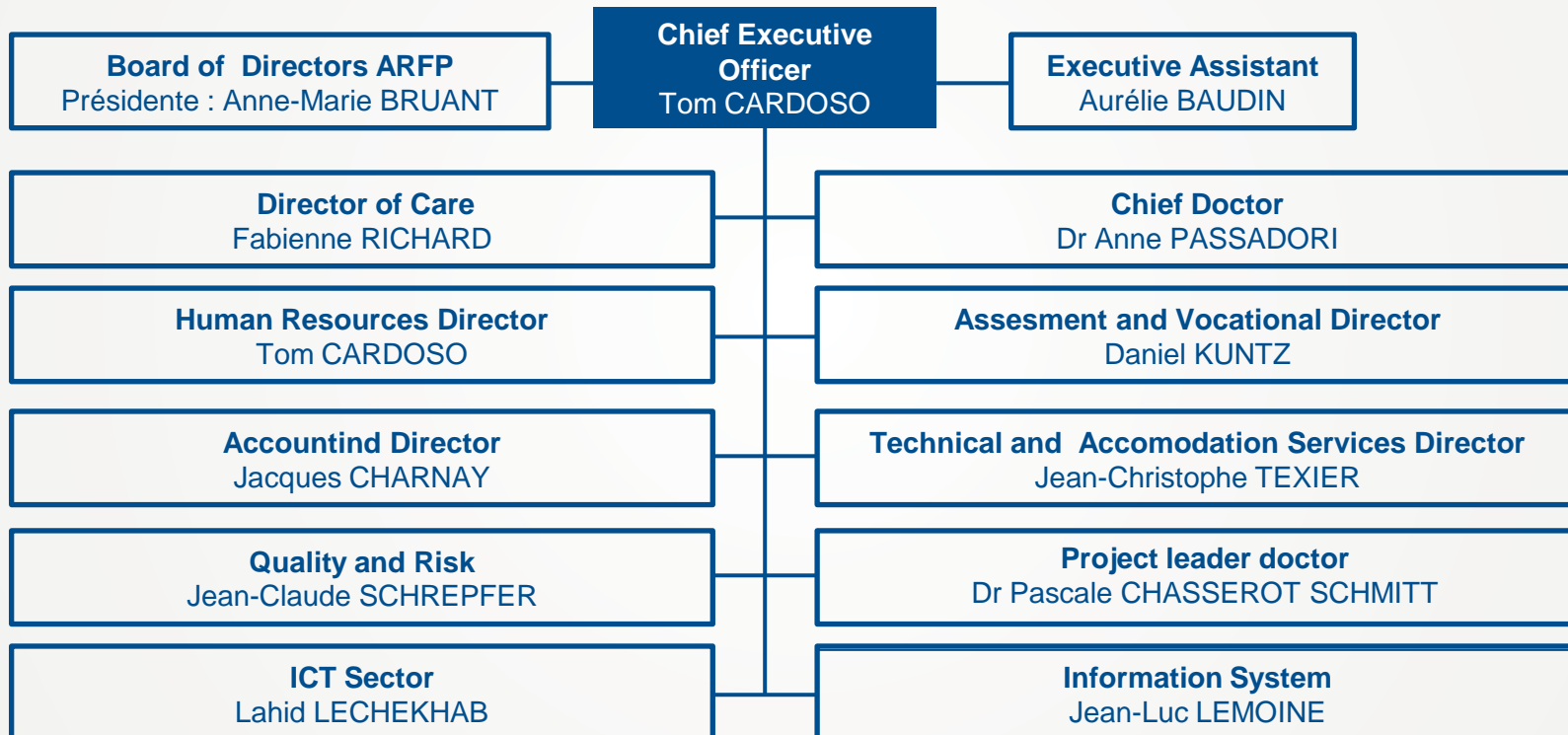
Assessment and vocational training

- Assessment Centre : Mulhouse and Strasbourg
40 places
- Vocational Training Centre
376 places

Transverse Services

Hotel and catering, technical services and security, ICT department, accounting, human resources, quality and risk

Centre Flowchart





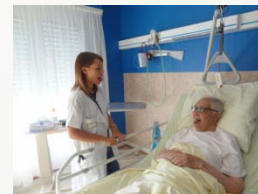
Functional Rehabilitation



Health activities : Submitted and funded by the Health Authorities
(endowment 9 millions €/year)

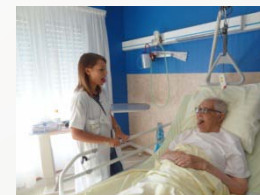
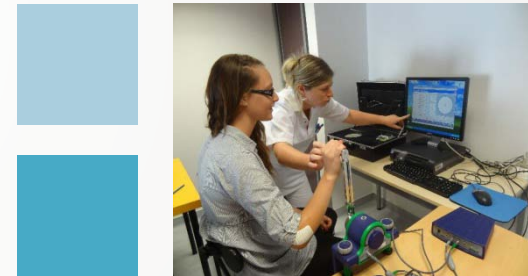
70 beds and 57 places

- 527 admissions / 21604 Inpatients days in 2015
- 1380 admissions / 18385 Outpatients days in 2015
(contracted objectives with health authorities)



Pluridisciplinary team

- Doctors specialized in rehabilitation medicine , psychiatrists, geriatricians, nutritionist, algologist, emergency, forensic
- Pharmacists
- Health professionals : healthcare managers, auxiliary nurses, physical therapists, occupational therapists, speech therapists, psychometricians, neuropsychologists, adapted physical education teachers, psychologists, social workers



High technologies provided

- Movement analysis
- Echocardiography and effort tests
- Skin measuring pressure for wheelchair users
- Standing devices : weight relief for verticalization and walking aids
- Urodynamic analysis
- Electromyogram

Principal pathologies treated

- Spinal cord injured group
- Orthopaedics – traumatology – rheumatology group
- Traumatic brain injured group



Care sector

70 beds Inpatient

3 units care

- Spinal cord injuries: 24 beds
- Brain injuries: 21 beds
- Trauma- orthopaedics : 25 beds

57 places outpatient

1 care unit

- Neurologic (Spinal cord injuries and Brain injuries with a special program for Parkinson): 24 places
- Trauma - orthopaedics with a special focus on hand rehabilitation: 15 places
- Cardio vascular rehabilitation: 12 places
- Post cancer rehabilitation program

90 patients per day

SSIAD PH Relais HANDIDOM

- 50 places nurses care sector
- 5 places nurses mobile team

Therapeutic educational programs (ETP)

- To develop the autonomy of the patient with chronic disease
- 1 program coordinator
- Professional trained (40 hours training compulsory)
- Today, 4 collective programs authorised by Health Authorities
 - **Live with Parkinson's disease** (4 weeks program with an average 5 patients / group, outpatient sector)
 - **Nutritional support** (5 weeks program, in the field of cardiac outpatients, 3 groups with an average of 12 patients/group)
 - **Return to an active live after cancer** (6 weeks program with an average of 8 patients / group, outpatient sector)
 - **Fall risk prevention** (collective and individual actions, inpatient sector)

Other activities for Outpatients

- Comete Program: Early intervention for return to work. National network.
- « To Drive » Program: medical assessment for driving capacity of people with disabilities, brain injuries and also for elderly people.



Home care

- The Relais Handidom offers an alternative to hospitalization declined around two axes:
- **The provision of nurse care, planned for 50 places, 7/7, around 20 km of Mulhouse**
 - Regular passage of the nurses at patient's home
 - Health care nursing and technical care
- **A mobile team, scheduled for 5 places covering the whole department**

The team advises and conducts prevention activities for people with disabilities

Quality and Risk approach

- Certification by HAS (Health Authorities) Level A in December 2015 (higher level, few organisations have reached this level)
- A compulsory external assessment every 4 years for every hospital in France
- Public diffusion of results to the patients (website, reception of the hospital)
- Compulsory indicators at national level regularly collected: organisation of the patient file, to support the pain, delay to send the discharge letter, screening of nutritional disturbances, screening of bed sores, infectious risk
- Tools used : “patient traceur” – the pluridisciplinary team around the patient, process approach, satisfaction survey...

A new architectural project

- New building for outpatients activities
- Self-financing
- 1000 square meters
- Opening in December 2016
- Activities:
 - Centralisation of outpatient activities
 - Repatriation of the Relais Handidom within the structure
 - Health centre: specialised consultations
 - **A nursery of 10 places for children of professionals as part of the quality of work life**

